# Michael Tursi, PhD, LMHC, NCC

# Pace University

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# EDUCATION

### PhD-Counseling and Counselor Education

### University of Rochester (2016)

### MS-Counselor Education

## State University of New York College at Brockport (2003)

### BS-Business Administration/double major: Psychology

## State University of New York College at Oswego (1991)

# ACADEMIC EXPERIENCE

**Co-Director:** PhD in Mental Health Counseling Program (September 2022 to present)

# Coordinator: PhD Field Placement Practicum and Internships (2019-present)

Pace University, Psychology Department, Mental Health Counseling Program

Pleasantville, New York

**Assistant Professor** (2020 to present)

**Clinical Assistant Professor** (2018 to 2020)

**Lecturer** (2017 to 2018)

Pace University, Psychology Department, Mental Health Counseling Program

Pleasantville, New York

Current Courses:

* Helping Relationships: Theories & Techniques of Counseling I
* Doctoral Internship in Mental Health Counseling
* Qualitative Methods in Counseling Research

Past Courses:

* Helping Relationships: Theories & Techniques of Counseling II
* Practicum in Mental Health Counseling
* Counseling Internship I & II
* Cognitive Psychology (Online)
* Foundations of Mental Health Counseling
* Doctoral Practicum in Mental Health Counseling
* Trauma & Loss: Empirical Perspectives
* Perspectives on the Agentic Self in Counseling
* Social and Cultural Foundations of Counseling (Online)

Courses Created:

* Qualitative Methods in Counseling Research
* Doctoral Internship in Mental Health Counseling
* Doctoral Practicum in Mental Health Counseling

**Adjunct Faculty** (2010)

St. John Fisher College, Wegmans School of Nursing, Mental Health Counseling

Program, Rochester, New York

Course:Group Theory & Process

**Adjunct Faculty** (2009)

University of Rochester, Warner School of Education and Human Development,

Rochester, New York

Courses:

* Counseling and Facilitation of Small Groups
* Principles and Practices of Mental Health Counseling

# CLINICAL EXPERIENCE

#### Primary Therapist Lead (Therapist/Supervisor; 2012 to 2017)

#### Rochester Regional Health System, Outpatient Mental Health Services

Rochester, New York

* Supervised therapists which included clinical supervision and consultation as well as supervision related to documentation and performance expectations
* Provided individual counseling
* Provided group counseling (anxiety and panic disorders group)

#### Oversaw the internship program and supervised interns

* Participated as a member of the leadership team that managed the clinic
* Co-taught the Certified Group Psychotherapy (CGP) course

#### Primary Therapist (2003 to 2012)

#### Rochester Regional Health System, Outpatient Mental Health Services

Rochester, New York

* Provided individual counseling
* Provided group counseling (anger management, men’s mild intellectual disabilities & anxiety/panic disorders groups)
* Treated general adults and clients with intellectual disabilities

PUBLICATIONS

Tursi, M. M., Jordan, R. A., & McCall, M. (2025). An integrative person-centered

approach to fostering counseling engagement by honoring client preferences. *The Person-Centered Journal*, 27.

Robak, R. W., Doshi, P. V., & Tursi, M. M. (2022). Exploring Key Group Counseling

Processes: Implications for Group Counselor Training. *Journal of Counselor Preparation and Supervision, 15*(2).

Tursi, M. M., Sellers, C. R., & Marquis, A. (2022). Managing threats: A grounded theory

of counseling engagement in clients with experiential avoidance. Journal of Counseling & Development, 100, 14– 26.

Jordan, R. A., & Tursi, M. M. (2012). The effects of person-centered groups on

teacher stress. *The Person-Centered Journal, 19*, Pages 64-80.

Marquis, A., Hudson, D. & Tursi, M. (2010). Perceptions of counseling

integration: A survey of counselor educators and supervisors. *Journal of*

*Counselor Preparation and Supervision, 2*, 61-73.

Tursi, M. M. & Cochran, J. L. (2006). Cognitive-behavioral tasks accomplished in a

person-centered relational framework. *Journal of Counseling & Development, 83,* 387-396.

Tursi, M. M. & McCulloch, L. A. (2004). A person-centered approach to individuals

experiencing depression and anxiety. *The Person-Centered Journal, 11,* 71-75.

INVITED PRESENTATIONS & INTERVIEWS

Interviewed: for “Gaining the Trust of Reluctant Clients” in *Counseling Today* (July 2022, Vol. 65)

Panel Discussion: Clinical Supervision: Guidance for Supervisors and Trainees (March

2016). St. John Fisher College, Rochester, New York

Presented on topics related to community mental health centers to introductory

counseling students in the Department of Counseling and Human Services (April 2013, 2014 & 2015). Syracuse University, Syracuse, New York

PRESENTATIONS

Tursi, M. M., Doshi, P., Krishnan, N, & Robak, R. (2024). *A model of three types of client*

*engagement in Counseling*. Association for Humanistic Counseling (Virtual conference).

Tursi, M. M., Jordan, R., & Vail, M. (April 2024). *Assimilative integration as a means*

*of fostering client engagement.* New York Mental Health Counselors Association Convention [Breakout Workshop]. Albany, New York.

Tursi, M. M., & McCall, M. (May 2023*). Prioritizing client engagement: A cornerstone of a*

*humanistic integrative approach*. Association for Humanistic Counseling Conference [Education session]. Denver, CO.

Tursi, M. & Doshi, P. (May 2022). *Is anybody running person-centered groups?*

Association for Humanistic Counseling Conference [Roundtable discussion]. Nashville, TN.

Cochran, J., Gaylor, R., McCall, M., & Tursi, M. (May 2022). *From counselor*

*wellness to counselor development and client care.* Association for Humanistic Counseling Conference [Education session]. Nashville, TN.

Cochran, J., McCall, M., Tursi, M, &. Gaylor, R. (June 2021). *Gaining Buy-In with*

*Clients Who Are Reluctant or Slow-to-Start* [Education session]. Association for Humanistic Counseling Conference (Virtual conference).

Tursi, M., Doshi, P., & Robak, R. (November, 2020). *A structured existential-humanistic*

*training group* [Content session]. North Atlantic Region Association for Counselor Education and Supervision Conference, Pittsburgh, Pennsylvania (Conference cancelled)

Cochran, J., McCall, M., & Tursi, M. (May 2020*). Being with Self & Client: Meditation,*

*Yoga, & the Counselor* [Education session]. Association for Humanistic Counseling Conference, Denver, Colorado (Conference cancelled)

Cochran, J., McCall, M., & Tursi, M. (May 2020*). How to gain buy-in to humanism in*

*Practice* [Roundtable session]. Association for Humanistic Counseling Conference, Denver, Colorado (Conference cancelled)

Tursi, M. (May 2019). *Client experiential avoidance and counseling engagement*.

Association for Humanistic Counseling Conference [Education session]. Minneapolis, Minnesota.

Doshi, P., Tursi, M. & Robak, R. (May 2019). *Therapeutic alliance in digital forms of*

*counseling* [Roundtable discussion]. Association for Humanistic Counseling Conference, Minneapolis, Minnesota.

Doshi, P., Tursi, M. & Robak, R. (June 2018). *Exploring key group counseling*

*processes: Implications for counselors and counselor educators* [Education session]. Association for Humanistic Counseling Conference, St. Petersburg, Florida.

Tursi, M. (May 2018). *Well-being: From the perspective of self-determination theory*.

PSI CHI International Honors Society Induction Ceremony. Pace University, Pleasantville, New York

Cochran, J., McCall, M., Tursi, M., & Rosechandler, A. (June 2017). *Challenges to*

*humanism in the hurried world of community clinics, hospitals and beyond* [Education session]. Association for Humanistic Counseling Conference, Syracuse, New York.

# Jordan, R. A., DeVuyst, R. T., & Tursi, M. M. (June 2010). *From mandated to*

# *motivated: Using the person-centered approach in the treatment of mandated clients* [Presentation]. Association for the Development of the Person-Centered ApproachConference, Rochester, New York.

# Tursi, M. (October 2007). *Cognitive-behavioral tasks accomplished in a person-*

# *centered relational framework* [Poster presentation]. Association for Counselor Education and Supervision (ACES) Conference, Columbus, Ohio.

Erhart, J, Reinhardt-Peters, E, Baxter, J., Collier-Williams, A., Tursi, M., & Tannous, J..

(July 2005). Panel discussion on working with clients with intellectual disabilities *at Unity Hospital*, Rochester, New York.

# McCulloch, L. A., Tursi, M., Jordan, R. A. & Gears, K. (November 2002). *Mastering*

# *change and creating balance through a person-centered approach.* New York Counseling Association Conference, Cooperstown, New York.

Gears, K., Jordan, R. A. & Tursi, M. (August 2002). *Genuineness: A group exploration*.

Association for the Development of the Person-Centered Approach Conference, Cleveland, Ohio.

AWARDS

Dedicated Fellows Award, University of Rochester, Warner School of Education and Human

Development, Rochester, New York (2016): For commitment to training new counselors and excellence in clinical supervision

Supervision Fellows Award, University of Rochester, Warner School of Education and

Human Development, Rochester, New York (2012): For providing supervision to master’s students in the counseling program

SERVICE ACTIVITIES

# Associate Editor

Journal of Humanistic Counseling (JHC; July 2023-present)

# Editorial Boards

Journal of Counseling and Development (JCD; 2022-present)

The Professional Counselor (TPC; 2018 to present)

The Person-Centered Journal (PCJ; 2012-2014, 2016-present)

Ad-hoc Reviewer

Person-Centered and Experiential Psychotherapies (PCEP; April 2024-present)

Grant Review

*Make a Difference Grant* of the humanistic division of the American Counseling

Association (Association for Humanistic Counseling [AHC; 2012-2016])

Committee Service

Dyson Faculty Council Committee on Graduate Programs,

Pace University (Fall 2019 to Spring 2023; Co-Chair Fall 2023 to present)

Chief Marketing Officer and Vice President of University Relations Search Committee

(Co-Chair; Fall 2023).

Dyson College of Arts and Sciences Mental Health Counseling Program Faculty Hiring

Committee (Spring 2024)

Dyson College of Arts and Sciences Mental Health Counseling Program Faculty Hiring

Committee (Spring 2023)

Fall 2020 Re-Opening Working Group (FROG)-ongoing focus group, developed

in response to the COVID-19 crisis, to advise the full Task Force as it implemented reopening Plans and policies, Pace University (June 2020-June 2022)

Distribution of Face-Coverings Subcommittee (July 2020-August 2020)

Westchester Faculty Council Public Relations and Functions

Committee, Pace University

(Chair: Spring 2019 to Fall)

Volunteer Activities

Judge: *The Professional Counselor* 2021 Outstanding Scholar Awards

Judge: *The Professional Counselor* 2022 Outstanding Scholar Awards

COVID Rapid Testing Support, Pace University, Pleasantville (January 2021)

Practicum Supervisor for the OMH (Office of Mental Health) Pandemic Response

Practicum. Supervised graduate students who provided telephone support on the New York State COVID-19 Emotional Support Helpline (April 2020-August 2020).

Association for the Development of the Person-Centered Approach

Conference, Rochester, New York, (2010)

The Mental Health Association, Rochester, New York (1999 to 2002)

The American Red Cross, Dayton, Ohio (1998 to 1999)

# PROFESSIONAL AFFILIATIONS

* American Counseling Association (ACA)
* Association for Counselor Education and Supervision (ACES)
* Association for Humanistic Counseling (AHC)
* Association for the Development of the Person-Centered Approach (ADPCA)
* Chi Sigma Iota-Counseling Academic & Professional Honor Society International
* Society for the Exploration of Psychotherapy Integration (SEPI)
* World Association for Person-Centered and Experiential Psychotherapy and

Counseling (WAPCEPC)