

Michael M. Tursi, PhD, LMHC, NCC

Pace University
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EDUCATION

PhD in Counselor Education

University of Rochester, Warner School of Education and Human Development
Rochester, New York (March 2016)
Dissertation: *A grounded theory of counseling with clients with a tendency for experiential avoidance*

MS in Counselor Education

State University of New York College at Brockport, Brockport, New York (2003)

BS in Business Administration, Dual Major: Psychology

State University of New York College at Oswego, Oswego, New York (1991)

CERTIFICATIONS & LICENSING

Licensed Mental Health Counselor (LMHC), New York State
National Certified Counselor (NCC)

TEACHING EXPERIENCE

Lecturer, Pace University, Department of Psychology, Mental Health Counseling Program, Pleasantville, New York (September 2017 to present)

- Foundations of Mental Health Counseling
- Helping Relationships: Theories & Techniques of Counseling
- Practicum in Mental Health Counseling
- Counseling Internship

Adjunct faculty, St. John Fisher College, Wegmans School of Nursing, Mental Health Counseling Program, Rochester, New York (2010)
Group Theory & Process

University of Rochester, Warner School of Education and Human Development, Rochester, New York (2009)

- Counseling and Facilitation of Small Groups
- Principles and Practices of Mental Health Counseling
- Teaching Assistant for Life Course Studies

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COUNSELING EXPERIENCE

Primary Therapist-Lead (Therapist/Supervisor)

Rochester Regional Health System, Outpatient Mental Health Services
Rochester, New York (2012 to July 2017)

- Provided individual psychotherapy
- Provided group psychotherapy (anxiety and panic disorders group)
- Provided assessment, diagnosis, treatment planning, and crisis intervention
- Supervised therapists which included clinical supervision and consultation as well as supervision related to documentation and performance expectations
- Supervised interns and oversaw the internship program
- Participated as a member of the leadership team that managed the clinic
- Trainer for the Certified Group Psychotherapy (CGP) course (2013 to 2017)

Primary Therapist

Rochester Regional Health System, Outpatient Mental Health Services
Rochester, New York (2003 to 2012)

- Provided individual psychotherapy
- Provided group psychotherapy (anger management, men's mild intellectual disabilities & anxiety and panic disorders groups)
- Participated on the team that treated clients with intellectual disabilities
- Provided assessment, treatment planning and crises intervention

Lead Residence Counselor

Rochester Regional Health System, Adolescent Community Residence
Rochester, New York (2001 to 2002)

- Hired, trained and supervised residence counselors at this chemical dependency treatment facility
- Facilitated group experiences and supervised clients in a variety of activities

Residence Counselor

Rochester Regional Health System, Adolescent Community Residence
Rochester, New York (2000 to 2001). Facilitated group experiences and supervised clients

PRACTICUM/INTERNSHIP EXPERIENCE

Rochester Regional Health System, St. Mary's Inpatient Psychiatric Unit,
Rochester, New York (March 2009 to January 2010)-Developed an ongoing therapy group and provided support to patients.

Rochester Regional Health System, Outpatient Mental Health Services
Rochester, New York (September 2002 to May 2003)

State University of New York College at Brockport, Counseling Center
Brockport, New York (Spring 2002)

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PUBLICATIONS

- Jordan, R. A., & Tursi, M. M. (2012). The effects of person-centered groups on teacher stress. *The Person-Centered Journal*, Volume 19, Pages 64-80.
- Marquis, A., Hudson, D. & Tursi, M. (2010). Perceptions of counseling integration: A survey of counselor educators and supervisors. *Journal of Counselor Preparation and Supervision*, Volume 2, Pages 61-73.
- Tursi, M. M. & Cochran, J. L. (2006) Cognitive-behavioral tasks accomplished in a person-centered relational framework. *Journal of Counseling & Development*, Volume 83, Pages 387-396.
- Tursi, M. M. & McCulloch, L. A. (2004). A person-centered approach to individuals experiencing depression and anxiety. *The Person-Centered Journal*, Volume 11, Pages 71-75.

EDITORIAL EXPERIENCE

Editorial Reviewer: *The Person-Centered Journal* (2012-2014 & Sept. 2016 to present)

INVITED PRESENTATIONS

- Clinical Supervision: Guidance for Supervisors and Trainees. Participated as part of a panel presentation, St. John Fisher College, Rochester, New York (March 2016)
- Presented on topics related to community mental health centers to introductory counseling students in the Department of Counseling and Human Services at Syracuse University, Syracuse, New York (April 2013, 2014 & 2015)

PRESENTATIONS

- Cochran, J., McCall, M., Tursi, M., & Rosechandler, A. (June 2017). Challenges to Humanism in the Hurried World of Community Clinics, Hospitals and Beyond. *Association for Humanistic Counseling (AHC) Conference*, Syracuse, New York.

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Jordan, R. A., DeVuyst, R. T., & Tursi, M. M. (June 2010). From Mandated to Motivated: Using the Person-Centered Approach in the Treatment of Mandated Clients, *Association for the Development of the Person-Centered Approach Conference*, Rochester, New York.

Tursi, M. (October 2007). Cognitive-Behavioral Tasks Accomplished in a Person-Centered Relational Framework Poster Presentation, *Association for Counselor Education and Supervision (ACES) Conference*, Columbus, Ohio.

Erhart, J, Reinhardt-Peters, E, Baxter, J., Collier-Williams, A., Tursi, M., & Tannous, J.. (July 2005). Panel discussion on working with clients with intellectual disabilities at *Unity Hospital*, Rochester, New York.

McCulloch, L. A., Tursi, M., Jordan, R. A. & Gears, K. (November 2002). Mastering Change and Creating Balance through a Person-Centered Approach, *New York Counseling Association Conference*, Cooperstown, New York.

Gears, K., Jordan, R. A. & Tursi, M. (August 2002). Genuineness: A Group Exploration, *Association for the Development of the Person-Centered Approach Conference*, Cleveland, Ohio.

AWARDS

Dedicated Fellows Award, *University of Rochester, Warner School of Education and Human Development*, Rochester, New York (2016): For commitment to training new counselors and excellence in clinical supervision

Supervision Fellows Award, *University of Rochester, Warner School of Education and Human Development*, Rochester, New York (2012): For providing supervision to master's students in the counseling program

SERVICE ACTIVITIES

- Make a Difference Grant: Award nominations and grant reviewer one time per year for the humanistic division of the *American Counseling Association (Association for Humanistic Counseling [2012-2016])*
- *Association for the Development of the Person-Centered Approach Conference*, Rochester, New York, Volunteer (2010)
- *The Mental Health Association*, Rochester, New York, Volunteer (1999 to 2002)
- *The American Red Cross*, Dayton, Ohio-Volunteer (1998 to 1999)
- *The Rochester Taekwondo Club*, Fairport, New York-Instructor (1986 to present)

PROFESSIONAL DEVELOPMENT

- September 2017-Fall Teaching Circles: Strategies for Involving Students in Discussions of Assigned Readings. *Pace University Faculty Center for Innovative Teaching and Professional Development* (Pleasantville, NY).

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- June 2017-The Benefits of Play and the Dangerousness of Playlessness (Covering: Recent insights of evolutionary biology as it relates to play and how playlessness may relate to trauma). *Rochester Regional Health Best Practices Seminar* (Rochester, NY).
- June 2017-*Association for Humanistic Counseling* Conference (Syracuse, NY).
- December 2016-Protecting Human Research Participants (Web-based training course). *The National Institutes of Health (NIH) Office of Extramural Research*.
- November 2016-The Myth of the Selfless Therapist. *Rochester Area Group Psychotherapy Society* Conference (Rochester, NY).
- September 2016-More than Skin Deep: Self-Harming Behaviors. *Rochester Regional Health Best Practices Seminar* (Rochester, NY).
- July 2016-*World Association for Person-Centered & Experiential Psychotherapy and Counseling* Conference (New York, NY).
- July 2016- Motivational Interviewing in Groups: Theory and Practice with Chris Wagner (New York, NY).
- February 2016-Bridging the Gap: Harm Reduction and Abstinence Based Recovery. *Rochester Regional Health Best Practices Seminar* (Rochester, NY).
- January 2016-Creating Secure Bonds: Applied Attachment in Group Psychotherapy. *Rochester Area Group Psychotherapy Society* Conference (Rochester, NY).
- October 2015-The Culture of Poverty: Understanding the Barriers of Poverty to Provide More Culturally Relevant Treatment, *Rochester Regional Health Best Practices Seminar* (Rochester, NY).
- May 2014-Emotional Availability in Group: Expanding the Capacity for Intimacy in Group Leaders and Members, *Rochester Area Group Psychotherapy Society* Conference (Rochester, NY).
- May 2014-Integration of Care: Diabetes and Sleep Disorders. *Rochester Regional Health Best Practices Seminar* (Rochester, NY).
- January 2013-Interpersonal Psychotherapy (Training). *Rochester Regional Health System* (Rochester, NY).
- January 2013-Return of the Biopsychosocial Model. *Rochester Regional Health Best Practices Seminar* (Rochester, NY).
- March 2012-Providing for the Provider: Sustaining Resilience. *Rochester Regional Health Best Practices Seminar* (Rochester, NY).
- November 2012-Commitment to Living: Understanding and Responding to Suicide Risk. *Rochester Regional Health* Conference (Rochester, NY).
- November 2011-Trauma Informed Care: Working with the Neurobiology of Trauma. *Rochester Regional Health Annual* Conference (Rochester, NY).
- April 2011-Toward Thinking about Motivation in Counseling and Psychotherapy. *Rochester Area Person-Centered Association* (Rochester, NY).
- March 2011-*American Counseling Association* Conference (New Orleans, LA).
- August 2010-Cross-Cultural Issues and Cultural Proficiency in Psychiatric Diagnosis and Treatment, *Rochester Regional Health Best Practices Seminar* (Rochester, NY).
- June 2010-*Association for the Development of the Person-Centered Approach* Conference (Rochester, NY).
- October 2009-Borderline Personality Disorder: Understanding and Implementing Effective Treatment, *Rochester Regional Health Annual* Conference (Rochester, NY).
- October 2007-*Association for Counselor Education and Supervision (ACES) Conference* (Columbus, OH).

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- October 2007-*Center for Narrative Practice* Seminar with Michael White (Rochester, NY).
- April 2007-The Delicate Art of Eliciting Suicidal Ideation and Other Sensitive Material, *Rochester Regional Health* Best Practices Seminar (Rochester, NY).
- April 2006. Diversity and Person-Centered Care, *Rochester Regional Health* Annual Conference (Rochester, NY).
- March 2006-Epilepsy Challenge: Care of the Patient with Mental Retardation and Developmental Disabilities (Rochester, NY).
- August 2005-Person-Centered Care, training at *Rochester Regional Health* (Rochester, NY).
- April 2005-Implementation of Evidence-Based Practices in Behavioral Health, *Rochester Regional Health* Annual Conference (Rochester, NY).
- March 2005-Dual Diagnosis Workshop (Rochester, NY).
- June 2004-How to Survive as a Group Psychotherapist. *Rochester Regional Health System* (Rochester, NY).
- May 2004-Mental Health Aspects of Developmental Disabilities: Treatment and Collaboration (Syracuse, NY).
- August 2004-The APA Guidelines for the Treatment of Patients with Substance Use Disorders: A Review of Evidence-Based Psychosocial and Medical Treatment Interventions, *Rochester Regional Health System* (Rochester, NY).
- April 2004-Blending Evidence and Person-Centered Care in Behavioral Health, *Rochester Regional Health* Annual Conference (Rochester, NY).
- January 2004-The Nice and Not So Nice Group. *Rochester Regional Health System* (Rochester, NY).
- Oct.-Dec 2003-Certified Group Psychotherapist Training Course. *Rochester Regional Health* (Rochester NY).
- August 2003-Cultural Competency Training. *Rochester Regional Health System*, (Rochester, New York)
- May 2003-A Group Happening: A Person-Centered Encounter Group Experience, *New York Association for Specialists in Group Work* Conference, (Buffalo, NY).
- November 2002-*New York Counseling Association* Conference (Cooperstown, NY).
- August 2002-*Association for the Development of the Person-Centered Approach* Conference (Cleveland, OH).
- June 2002-A Systems Approach: Tobacco Dependence Interventions in CD Treatment, *Rochester Regional Health* (Rochester, NY).

PROFESSIONAL AFFILIATIONS

- American Counseling Association
- Association for Humanistic Counseling
- Association for the Development of the Person-Centered Approach
- World Association for Person-Centered and Experiential Psychotherapy and Counseling
- Rochester Area Group Psychotherapy Society